



**3RD ANNUAL GET SMART! 5K
AND 1/4 MILE KID'S RUN**
SATURDAY, MAY 8, 2010
8:00 AM



START AND FINISH: Smart's Mill Middle School, Leesburg, VA.

RACE COURSE: The 5K Race begins at Smart's Mill Middle School. This race begins with a short up-hill and continues on a flat course to the end. It is certified by USAT&F.

PREREGISTRATION AND PACKET

PICKUP: Preregistration is possible on-line through www.Active.com until May 6. Early registration will be on Friday, May 7, 2010 from 6pm to 8pm at Smart's Mill Middle School. Pre-registrants may pick up their race packets at that time or prior to the race on race day. Race day registration will be held at the school from 6:45am to 7:45am.

PARKING: There will be plenty of parking available at the school

RESTROOM FACILITIES: Available in the school.

WATER STOP: There will be one water stop on the course, at the halfway point.

AWARDS: The top three overall male and female runners and the top two finishers in the following age groups will be awarded prizes: 13 & under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

FUN RUN AND WALK: The fun run will start after the 5k and before the announcement of awards. There is no charge for the fun run and all participants will receive a finishers ribbon.

TIMES: Split times will be called out at each mile.

Due to current insurance guidelines, absolutely no race strollers or radio headphones will be allowed on the race course. Thank you for your cooperation and consideration.

Call Race Director at 703-771-1835 or e-mail marykaywilliams@verizon.net for additional information concerning the 5k race.

5k course for RUNNERS only!
Walkers, please participate in fun run/walk.

ENTRY FORM

I, _____ (participant's printed name) understand that there may be serious risks of injury involved in the above noted activity and agree to abide by the rules of and directions of participation. I understand that Loudoun County Public Schools, Smart's Mill Middle School PTA, Town of Leesburg, You Start, I Finish, sponsors, volunteers, and Exeter HOA do not provide medical or accident insurance for participants involved in this activity and will not be responsible for injuries or illnesses suffered during participation in this event. I also give permission to receive medical treatment, first aid, emergency medical care, and all other medical or surgical care deemed reasonably necessary to my health and well-being in case of accident, injury, or serious illness during participation in the above referenced event/activities and understand that I, or my insurance, will be responsible on a primary basis for any medical bills incurred. I recognize that headphones, dogs and racing strollers are not permitted.

Signature of Runner (Signature of parent or guardian if under 18)

Last Name First Name Initial

Street Address

City State Zip

Home Telephone

Age on 5/8/10 MM DD YY M F
(Birthdate)

Entry Fees (Circle One): By May 1 \$ 18.00
After May 1 and Race Day \$ 23.00
T-shirt size and availability limited on race day

Mail the signed waiver and race application with entry fee - checks made payable to:
Smart's Mill M.S. PTA
c/o Get Smart!5k
Smart's Mill Middle School
850 North King Street
Leesburg, VA 20176

ARE YOU A SMART'S MILL M.S. STUDENT? If YES, please circle your grade 6 7 8